



Crescent Point Energy Trust

PRESS RELEASE

December 16, 2003

Trading Symbol: CPG.UN

Exchange: TSX

Crescent Point Energy Trust Announces Increase to Exchangeable Share Ratio

Calgary, Alberta - Crescent Point Energy Trust (TSX-CPG.UN) is pleased to announce an increase to the Exchange Ratio of the Exchangeable Shares of Crescent Point Resources Ltd. from 1.02818 to 1.04219. This increase is effective on December 15, 2003.

The increase in the Exchange Ratio is calculated as follows:

Record Date of Crescent Point Energy Trust Distribution	November 30, 2003
Opening Exchange Ratio	1.02818
Crescent Point Energy Trust Distribution per Unit	\$0.17
Ten -day Weighted Average Trading Price of CPG.UN (prior to December 15, 2003)	\$12.48
Increase in Exchange Ratio *	0.01401
Effective Date of the Increase in Exchange Ratio	December 15, 2003
Exchange Ratio as Effective Date	1.04219

* The increase in the Exchange Ratio is calculated by multiplying the Crescent Point Energy Trust Distribution per Unit by the Opening Exchange Ratio and dividing by the Ten-day Weighted Average Trading Price of CPG.UN.

A holder of Crescent Point Resources Ltd. Exchangeable Shares can exchange all or a portion of their holdings at any time by giving notice to their investment advisor or Olympia Trust Company at its principal transfer office at Suite 2300, 125 - 9th Avenue SE, Calgary, Alberta, T2G 0P6.

Crescent Point Energy Trust is a conventional oil and gas income trust with production from five core areas in western Canada.

Trust units of Crescent Point are traded on the Toronto Stock Exchange under the symbol CPG.UN.

For further information, please contact:

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