



Crescent Point Energy Trust

PRESS RELEASE

May 16, 2005

CRESCENT POINT ENERGY TRUST CONFIRMS MAY 2005 DISTRIBUTION

Crescent Point Energy Trust confirms that the cash distribution to be paid on June 15, 2005 in respect of May 2005 production, for unitholders of record on May 31, 2005 will be \$0.17 per trust unit. The ex-distribution date is May 27, 2005.

Crescent Point Energy Trust is a conventional oil and gas income trust with assets strategically focused in properties comprised of high quality, long life, operated, light oil and natural gas reserves in western Canada.

Trust units of Crescent Point are traded on the Toronto Stock Exchange under the symbol CPG.UN.

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