



Crescent Point Energy Trust

PRESS RELEASE

November 15, 2005

CRESCENT POINT ENERGY TRUST CONFIRMS NOVEMBER 2005 DISTRIBUTION

Calgary Alberta - As previously announced in the October 3, 2005 press release, the Board of Directors of Crescent Point Energy Trust have increased the monthly distribution from \$0.19 to \$0.20 per trust unit subject to the implementation of the Bulldog Plan of Arrangement on or before November 30, 2005. The Trust's projected 2006 payout ratio will be less than 60% assuming current commodity prices, the existing hedges in place and increasing the monthly distribution to \$0.20 per unit. The cash distribution is to be paid on December 15, 2005 in respect of November 2005 production, to unitholders of record on November 30, 2005. The ex-distribution date is November 28, 2005.

Crescent Point Energy Trust, is a conventional oil and gas income trust with assets strategically focused in properties comprised of high quality, long life, operated, light oil and natural gas reserves in western Canada.

Trust units of Crescent Point are traded on the Toronto Stock Exchange under the symbol CPG.UN.

FOR FURTHER INFORMATION PLEASE CONTACT:

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