

Crescent Point Energy Trust Confirms December 2007 Distribution

CALGARY, Dec. 17 - Crescent Point Energy Trust ("Crescent Point" or the "Trust") confirms that the cash distribution to be paid on January 15, 2008, in respect of December 2007 production, for unitholders of record on December 31, 2007, will be \$0.20 per trust unit. The ex-distribution date is December 27, 2007.

Crescent Point Energy Trust is a conventional oil and gas income trust with assets strategically focused in properties comprised of high quality, long life, operated, light oil and natural gas reserves in western Canada.

CRESCENT POINT ENERGY TRUST

Scott Saxberg,
President and Chief Executive Officer

Trust units of Crescent Point are traded on the Toronto Stock Exchange under the symbol CPG.UN.

Suite 2800, 111 - 5th Avenue S.W.
Calgary, Alberta T2P 3Y6
www.crescentpointenergy.com

For further information:

Crescent Point Energy Trust
c/o Crescent Point Resources Inc.
Trent Stangl, Manager Marketing and Investor Relations
Greg Tisdale, Chief Financial Officer
Telephone: (403) 693-0020
Telecopier: (403) 693-0070
Toll-free (Canada & United States) 1-888-693-0020