



Crescent Point Energy Trust

PRESS RELEASE

CRESCENT POINT ENERGY TRUST CONFIRMS DECEMBER 2008 DISTRIBUTION

December 15, 2008 CALGARY, ALBERTA. Crescent Point Energy Trust (“Crescent Point” or the “Trust”) confirms that the cash distribution to be paid on January 15, 2009, in respect of December 2008 production, for unitholders of record on December 31, 2008 will be \$0.23 per trust unit. The ex-distribution date is December 29, 2008.

Crescent Point is also pleased to announce that it is reinstating its DRIP, Premium DRIP and Optional Unit Purchase programs for unitholders of record on December 31, 2008 with payments beginning January 15, 2009. Unitholders interested in, but not already enrolled in, these programs should contact their financial advisor or review the Crescent Point website.

Crescent Point Energy Trust is a conventional oil and gas income trust with assets strategically focused in properties comprised of high quality, long life, operated, light oil and natural gas reserves in western Canada.

CRESCENT POINT ENERGY TRUST

Scott Saxberg,
President and Chief Executive Officer

FOR FURTHER INFORMATION PLEASE CONTACT:

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Trust units of Crescent Point are traded on the Toronto Stock Exchange under the symbol CPG.UN.

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