



Crescent Point Energy Trust

PRESS RELEASE

CRESCENT POINT ENERGY TRUST CONFIRMS JANUARY 2009 DISTRIBUTION

January 15, 2009 CALGARY, ALBERTA. Crescent Point Energy Trust (“Crescent Point” or the “Trust”) confirms that the cash distribution to be paid on February 16, 2009, in respect of January 2009 production, for unitholders of record on January 31, 2009 will be \$0.23 per trust unit. The ex-distribution date is January 28, 2009.

Crescent Point Energy Trust is a conventional oil and gas income trust with assets strategically focused in properties comprised of high quality, long life, operated, light oil and natural gas reserves in western Canada.

CRESCENT POINT ENERGY TRUST

Scott Saxberg,
President and Chief Executive Officer

FOR FURTHER INFORMATION PLEASE CONTACT:

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Trust units of Crescent Point are traded on the Toronto Stock Exchange under the symbol CPG.UN.

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