



Crescent Point Energy Trust

PRESS RELEASE

CRESCENT POINT ENERGY TRUST CONFIRMS JUNE 2009 DISTRIBUTION

June 15, 2009 CALGARY, ALBERTA. Crescent Point Energy Trust ("Crescent Point" or the "Trust") confirms that the cash distribution to be paid on July 15, 2009, in respect of June 2009 production, for unitholders of record on June 30, 2009 will be \$0.23 per trust unit. The ex-distribution date is June 26, 2009.

Crescent Point also announces that to facilitate the Trust's previously announced conversion to a dividend paying corporation, which conversion is expected to be completed on or about July 2, 2009, Crescent Point is suspending its Premium Distribution, Distribution Reinvestment and Optional Unit Purchase Plan for the month of June 2009. Crescent Point expects to adopt a similar plan following the completion of the conversion and beginning with the month of July 2009.

FORWARD LOOKING STATEMENTS

Certain statements contained in this press release constitute forward looking statements, including statements in respect of expectations regarding the completion of the conversion of the Trust to a corporation; and the adoption of a plan similar to the Trust's existing Premium Distribution, Distribution Reinvestment and Optional Unit Purchase Plan. All forward-looking statements are based on the Crescent Point's beliefs and assumptions based on information available at the time the assumption was made. The use of any of the words "anticipate", "expect", and similar expressions are intended to identify forward looking statements. By their nature, such forward-looking information involve known and unknown risks, uncertainties and other factors that may cause actual results or events to differ materially from those anticipated in such forward looking statements, including those material risks discussed in our annual information form under "Risk Factors", those described in our MD&A under "Business Risks and Prospects" and the following material risk factors: conversion of the Trust on or about July 2, 2009 to a corporation; and general business and market conditions. Additional information on these and other factors that could affect Crescent Point's operations or financial results are included in Crescent Point's reports on file with Canadian securities regulatory authorities. These statements speak only as of the date of this press release or as of the date specified in this press release. Readers are cautioned not to place undue reliance on this forward-looking information, which is given as of the date it is expressed herein or otherwise and, unless required by law, Crescent Point undertakes no obligation to update publicly or revise any forward-looking information, whether as a result of new information, future events or otherwise.

This news release is not for dissemination in the United States or to any United States news services. The trust units of Crescent Point have not and will not be registered under the United States Securities Act of 1933, as amended (the "U.S. Securities Act") or any state securities laws and may not be offered or sold in the United States or to any U.S. person except in certain transactions exempt from the registration requirements of the U.S. Securities Act and applicable state securities laws.

Crescent Point Energy Trust is a conventional oil and gas income trust with assets strategically focused in properties comprised of high quality, long life, operated, light oil and natural gas reserves in western Canada.

CRESCENT POINT ENERGY TRUST

Scott Saxberg,
President and Chief Executive Officer

FOR FURTHER INFORMATION PLEASE CONTACT:

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Trust units of Crescent Point are traded on the Toronto Stock Exchange under the symbol CPG.UN.

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